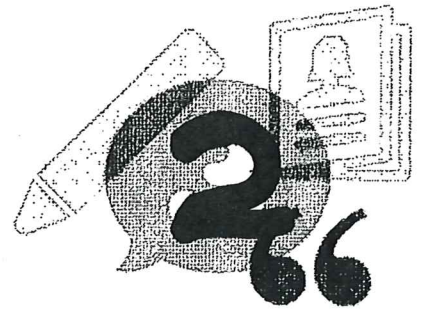




Task 2 Performance Standards

Reflective text

	Communication	Application
A	<p>Consistently clear and coherent writing and speaking, using an appropriate vocabulary.</p> <p>Thorough demonstration of grammatical control.</p>	<p>Creation of complex texts for different purposes, using appropriate textual conventions.</p>
B	<p>Mostly clear and coherent writing and speaking, using a varied vocabulary.</p> <p>Effective and usually accurate grammatical control.</p>	<p>Creation of effective texts for different purposes, using appropriate textual conventions.</p>
C	<p>Generally clear writing and speaking, using a mostly appropriate vocabulary.</p> <p>Appropriate grammatical control; some errors, but these do not impede meaning.</p>	<p>Creation of texts for some purposes, using appropriate textual conventions.</p>
D	<p>Occasionally clear writing and speaking, with a restricted vocabulary.</p> <p>Partial grammatical control; some errors impede meaning.</p>	<p>Creation of texts for a narrow range of purposes, using some textual conventions.</p>
E	<p>Limited clarity in writing and speaking, with a limited vocabulary.</p> <p>Limited grammatical control; errors impede meaning.</p>	<p>Creation of a partial text for a purpose, attempting to use appropriate textual conventions.</p>



Assessment Design Criteria

Communication 1	Clarity and coherence of written and spoken expression, using appropriate vocabulary.
Communication 2	Demonstration of grammatical control.
Application 1	Creation of texts for different purposes, using appropriate textual conventions in real or imagined contexts.

Comments:

FINAL GRADE



Task 2 Assessment Description

Reflective Text

Assessment type: Creating Texts

The purpose of this task is to provide you with the opportunity to create a personal reflective piece of text, which demonstrates your:

- Passion
- Point of view
- Emotions
- Feelings
- Ideas
- Personal history

That is related to

- A particular topic
- Person
- Event
- Experience
- Issue

In your life.

Task description:

In consultation with your teacher, negotiate the topic you wish to work on.

Look at the handout on personal reflective writing and exemplar.

Assessment conditions

Maximum 500 words if written

OR 5 minutes oral

OR equivalent in multimodal form

Capabilities

This unit of work provides an opportunity for students to work within the capabilities of: Literacy, Personal and Social.

With potential for: Ethical understanding and Information and Communication Technology, Numeracy.





Task 2 Introductory Activities

Personal Reflective Text

In this genre of text your purpose is to engage your reader by going beyond the facts of an event. This is an opportunity to reflect on your experiences and really outline how you have changed as a person and how your life has been affected or altered in some way. It combines **personal writing** and **reflection**.

Personal Writing

This is writing about an event in your life that has had a significant impact on you in a positive or negative way. Please do not reveal in-depth personal information. You must be comfortable with the details you write about and be sure that it is appropriate for you to include in your writing. If in doubt, speak to your teacher.

You could write about:

- An event that has changed or impacted your life – a birth, a loss, serious illness, a major move, travel, friendship.
- Something that really disturbs or annoys you – bullying, racism, an issue.
- Your writing will be focused on your recollection of the event or experience and the **feelings** you had (before, during and afterwards).
- You are not just re-telling the story (this is known as a **recount**)
- Your focus is on **how** and **why** rather than what.

Reflection

Reflection requires you to think about yourself and how the event or experience has changed you.

- You are reflecting on how you **felt** (then and now) expressing your **thoughts** and **opinions**, and **reconsidering** these events with a new perspective.
- What have you **learned**?
- How have you **changed/developed** or **grown** as a result of the experience?



Task 2 Exemplar

Reflective Essay Exemplar

Lessons from Lucy

She was my beautiful companion for 10 magical years, magical because she was in them. She arrived as a fluffy, big-eared puppy, full of life and eager to please. I quickly learned that German Shepherds are serious dogs. If you don't give them a job to do they will create their own. Sadly, this included running up and down the front fence, barking at passers-by and generally monitoring the street for any suspicious activity.

The best thing that ever happened, as far as Lucy was concerned, was when we got another dog, a Poodle / Border Collie cross named Millie. Lucy really came into her own as a Millie-manager, no minor detail escaped her attention, yet she was always consistent, firm but fair. Millie was micro-managed and scheduled to an astonishing degree. Lucy never took a day off from this role and she was on duty 24 hours a day. Millie was never allowed to walk in front of Lucy or to have a toy or ball (they all belonged to Lucy) she was never allowed to greet any visitor, that was Lucy's job, and if any pats were being handed out Lucy always got tended to first. Millie was however licked and fussed over, allowed to eat any of Lucy's food, and wrestled with in a big, fun, dog game every day. Millie accepted her junior role without too much fuss, Lucy was everything to her: boss, best friend, mother, constant companion, sister, protector.

Time passed, during one period of her life, Lucy became a surrogate mother to an orphaned lamb; she trained her just like Millie. The lamb actually had no idea that it was a sheep and was convinced it was a German Shepherd too. Lambie, as she was known, was eventually sent to an idyllic life as a pet on a farm, it was a very traumatic parting for them both.

Eventually Lucy got old, and it was with a great deal of sadness that I had to make the decision to euthanize her, thus giving her the chance to die with dignity when the ravages of old age had become too much to bear. The vet came, we said our tearful goodbyes and buried her in the front yard and put a flowering plum tree over her grave. Millie was depressed and sad for 6 months.

Looking back on my time with Lucy, there were many things she taught me and really embodied. She taught me the importance of consistency, to be serious but always kind, to be optimistic, to love being in water at any opportunity (not sure I properly value that lesson) to be a food connoisseur (this really only applied to meat in all its forms and I am a bit of a vegetarian). But above all she taught me the value of loyalty.

Millie and I miss her still.

Comment 1: Feelings about events

Comment 2: Written in the past tense

Comment 3: Memories of what happened

Comment 4: Developing and expanding on the events

Comment 5: Reflection on events

Comment 6: How I was changed / developed by these experiences

Comment 7: What I learned from these events

EXAMPLE

Reflective text – dance

I started competitive dance when I was six years old not by my choice but that of my mothers. As time went by I started to enjoy it because I felt a freedom to be able to express myself in a way that I had not been able to before.

Even though I was shy about how I might look it didn't compare to what I felt as I grew up. The more I grew the more conscious and worried I got over the way I looked both on and off stage, I pushed myself to limits I thought were unreachable all due to the fact that I was so worried about not being enough or looking bad. Because I became such a perfectionist with everything I did, I gained attention from my dance teachers and peers as well as my family members and friends, they started to recognize how hard I worked myself to present good performances and to over all have a "perfect" image. Although I started to wear myself down because of how much I overworked myself, I was greedy for praise and perfection and kept going. Through this I sustained multiple injuries and cut out a lot of important foods in my diet which caused me to become weak and unable to present the best version of myself. Now that it got to this point I was in a position where I needed to take time off and heal but because of how consumed I was by perfection and praise I didn't want to take time off, I felt if I did I would let everyone down and I wouldn't be as skilled as I was before having a break.

A little more time had passed, during that time I was at constant battle with myself whether I should take the time off or continue to push myself. Eventually common sense waved over me and I decided it was best for me to heal and get better so I could come back healthy and strong with a new fiery, energetic passion. The first step of healing, literally, was to start seeing a physiotherapist to strengthen my body up especially my knee which had suffered the most during dancing. Little by little all the injuries I had sustained were being replaced with strong, repaired muscles and ligaments. Although my body was on the pathway to healing my diet was still unstable and unhealthy so I took it upon myself to start seeing a dietician who would help me stabilize my diet and give my body what it needs to be healthy. Now that I was taking care of the physical side of things, I wanted to focus on the mental side of things and see a psychologist to help me get through all the troublesome things going through my mind during this break and clear them out. With all of this happening I started to feel healthier, happier and stronger and everyone around me said it was evident which gave me so much hope and shed light onto my life.

Through this experience, there were many things I learnt. Some things I learnt is that there's life after dance, I am enough just the way I am, you can strive for perfection but you will never reach it that is okay. I am glad to have gone through all of this to reach where I am today, this experience has helped shape me into the beautiful young girl I am today so for that I wouldn't take anything back even if the world depended on it. One day I hope to start up again in the competitive dancing field but for now I want to focus on myself and my needs.