

Example

Homework

The amount of homework given to students needs to be reduced for several reasons. In short, time is limited in many students' lives. At the same time, other students are showing alarming levels of obesity due to sedentary lifestyles. Lastly, family disharmony has increased as a result of stressed parents trying to get their children to do their homework.

Introduction
Thesis -
writer's opinion

Firstly, time is limited. Many students don't arrive home until 6pm. This is because they have chosen to play sports which require a few hours of training each week or they engage in cultural activities, which are often taught after school. After they arrive home, they have to unpack their bags, do other daily jobs, have a shower and eat dinner. By the time they have finished these necessities, it is 8pm. If they have homework, then it is too late to start, and whatever is done may be of poor quality. Therefore it is fair to say there is not enough time after school to complete quality homework.

Arguments
with
supporting
evidence

On the other hand, many other young people are recording high levels of obesity because of their sedentary lifestyles. Traditional homework is not an activity that is known to raise the heart rate and so does nothing to improve our physical fitness. We are constantly being told to become healthier. Why sit still at night time when students have been sitting still in the classroom all day? This is not good for their health and contributes to the high levels of obesity seen today.

Arguments
with
supporting
evidence

Finally, homework places huge amounts of stress on already stressed-out families. In many families both parents are working and the last thing they need is to fight with their children at the end of a stressful day. By reducing the amount of nightly homework, the family home would be a much more relaxed place, as it should be.

Arguments
with
supporting
evidence

In conclusion, homework should be reduced. We must recognise that students' time is limited, sedentary work contributes to the high levels of obesity among Australia's youth, and finally, homework can cause an increase in family disharmony. The wellbeing of students is far more important than excessive amounts of homework.

Conclusion -
thesis revised.